



Safeguarding Information

Childline

www.childline.org.uk

Advice on a variety of topics including, friendship, puberty, relationships, bullying



NHS Choices

www.nhs .uk

Advice on diet, health, exercise and addiction



Rise Above

www.riseabove.org.uk

Support for young people on a range of health issues



Carers' Trust

www.carers.org

Advice and support for carers including young



Scope

www.scope.org.uk

Advice and support on disability issues

SCOPE

Equality for disabled people

The Mix

www.themix.org.uk

Advice and support on issues for young people



Young Minds

www.youngminds.org.uk

Advice and support on mental

health issues

Smiling Mind

Mindfulness and meditation app designed for young people



Mee Two

www.meetwo.co.uk

support mental health

issues



Fearless

www.fearless.org

Advice and support about crime



Beat

www.beateatingdisorders. org.uk

Advice and support on eating disorders



Freedom Charity

www.freedomcharity .org.uk

Advice and support on forced marriage and FGM



Forward UK

www.forwarduk.org.uk

Charity offering advice and support on FGM



Forced Marriage Unit +44 (0) 20 7008 0151

Support for people at risk of forced marriage



ThinkUKnow

https://www.thinkuknow.

co.uk/ Advice about staying safe online



Childnet

www.childnet.com

Advice for young people about staying safe online



Talk to Frank

www.talktofrank.com

Information and advice about drugs



Bish

www.bishuk.com

Advice on relationships and sexual health for 14+



Brook

www.brook.org.uk

Advice on relationships and sexual health



FPA Sexwise

www.sexwise.fpa.org. uk Advice on relationships and

sexual health



Betty for Schools

www.bettyforschools.org <u>.uk</u>

Advice on puberty and periods



Ditch the Label

www.ditchthelabel.org

Support and advice on bullying



Stonewall

www.stonewall.org.uk

Advice on LGBT+ issues including relationships



Imaan UK

www.imaanlondon.word press.com

Advice and support for LGBT Muslims

IMAAN

for girls The Proud Trust

www.theproudtrust.org

Advice on LGBT+ issues including

relationships

